

An Eco-Friendly Kitchen: How to Get There

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Recycling has become second nature to most of us but when it comes to making our kitchens more sustainable, there are still improvements we could make. Small choices based around reusability and reduced waste can add up to improved living and a happier planet.



Reusable “paperless” towels that are machine washable can significantly reduce your waste; keep them under the sink or in a basket on the countertop to grab instead of a disposable paper towel.

Food huggers shaped like avocados, onions, tomatoes and lemon help to block the air from spoiling the cut edge of your fresh fruits and vegetables.

Silicone sandwich bags (in all sizes) are a great air-tight solution for snacks, lunchboxes, leftovers and can also be used in the freezer, microwave or even in boiling water. Look for the ones that stand up for easier filling!

Cloth napkins can easily replace paper napkins – not only are they more attractive (and less expensive) but they are guilt-free!

Reusable bowl covers made from fabric, silicone, and even glass are easy to clean and store quickly for the next use.

Glass storage containers are versatile and attractive – from mason jars to vintage federal glass refrigerator containers, the great thing about glass storage options is that most can serve double duty as tableware as well. And when something has multiple uses, it’s guaranteed to save space in your kitchen.

Reusable wraps like beeswax paper are washable and perfect for keeping food fresh.

Composting bins have come a long way to better fit our lifestyles. Bins that fit in the freezer, under the sink, alongside your trash bin or in stylish countertop options all provide extra convenience that helps us remember to incorporate this earth-friendly practice into our daily lives.

And for **earth-friendly beverage options**, it doesn’t end with reusable water bottles - consideration should also be given to reusable K-cup pods, non-disposable coffee filters and SodaStream machines to help reduce our landfill footprint.

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